

**Nursing Assistant-Registered (NAR)**  
**Verification of Clinical Hours and Competency**  
(Valid Only During COVID-19 Crisis)

**Background**

During the COVID-19 crisis, nursing assistant students are considered essential. To facilitate a continued flow of nursing assistants into the healthcare workforce, nursing assistant training programs are allowed to provide classroom/didactic instruction in a live online format. This includes the federally-required training that students must have prior to contact with residents if they are working as nursing assistants-registered (NARs). Students must be enrolled to complete their training while working as an NAR,

When students are hired as NARs, the facility is responsible to ensure NARs are competent to perform nursing assistant tasks. The NAR may demonstrate competencies for specific tasks to a licensed nurse in the facility.

Because most NARs will not be checked off for competency in the skills lab setting by their instructor during the COVID-19 crisis, it is critically important that a nurse at the facility does so.

NARs enrolled in a training program during the COVID-19 crisis may receive clinical hours credit for their NAR work if the supervising licensed nurse documents the NAR's competency using this form (please see page 2).

The skills listed on this form were taken directly from the nursing assistant competencies listed in federal regulations ([42 CFR § 483.152\(b\)](#)).

**Instructions**

- The training program provides the checklist to students who choose to work as an NAR.
- The NAR works with their supervising licensed nurse who initials each skill the NAR has demonstrated competency (corresponding to skills assigned to the NAR in the course of employment) (Note: this may not include every skill on the checklist).
- The NAR provides a signed checklist to the training program, to the facility where employed, and keeps a copy for themselves.
- The training program keeps the checklist in the student file, after also verifying the NAR's (student's) competency in skills lab on the program's usual competency checklist form; the program must have a checklist signed by the supervising nurse and NAR to award clinical credit.
- The facility where the NAR is employed keeps a copy of the signed checklist in the NAR's file; this documentation may be requested during survey.

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NAR (Student) Name: \_\_\_\_\_

Training Program Name: \_\_\_\_\_

Name of Employing Facility: \_\_\_\_\_

<b>1. Basics prior to resident contact</b>	<b>4. Mental health and social service needs</b>	<b>7. Residents' rights</b>
___ Communication/interpersonal skills ___ Infection control ___ Safety/emergency procedures, including the Heimlich maneuver ___ Promoting residents' independence ___ Respecting residents' rights	___ Modifying aide's behavior in response to residents' behavior ___ Awareness of developmental tasks associated with the aging process ___ How to respond to resident behavior ___ Allowing the resident to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity ___ Using the resident's family as a source of emotional support	___ Providing privacy and maintenance of confidentiality ___ Promoting the residents' right to make personal choices to accommodate their needs ___ Giving assistance in resolving grievances and disputes ___ Providing needed assistance in getting to and participating in resident and family groups and other activities; ___ Maintaining care and security of residents' personal possessions ___ Promoting the resident's right to be free from abuse, mistreatment, and neglect and the need to report any instances of such treatment to appropriate facility staff ___ Avoiding the need for restraints in accordance with current professional standards.
<b>2. Basic nursing skills</b>	<b>5. Care of cognitively impaired residents</b>	
___ Taking and recording vital signs ___ Measuring and recording height and weight ___ Caring for the residents' environment ___ Recognizing abnormal changes in body functioning and reporting to a supervisor ___ Caring for residents when death is imminent	___ Techniques for addressing the unique needs and behaviors of individual with dementia (Alzheimer's and others) ___ Communicating with cognitively impaired residents ___ Understanding the behavior of cognitively impaired residents ___ Appropriate responses to the behavior of cognitively impaired residents ___ Methods of reducing the effects of cognitive impairments	
<b>3. Personal care skills, including, but not limited to</b>	<b>6. Basic restorative services</b>	
___ Bathing ___ Grooming, including mouth care ___ Dressing ___ Toileting ___ Assisting with eating and hydration ___ Proper feeding techniques ___ Skin care ___ Transfers, positioning, turning	___ Training the resident in self-care according to the resident's abilities ___ Use of assistive devices in transferring, ambulation, eating, and dressing ___ Maintenance of range of motion ___ Proper turning and positioning in bed and chair ___ Bowel and bladder training ___ Care and use of prosthetic and orthotic devices	

**Supervising Nurse's Attestation:** Under my supervision, the NAR named on this form demonstrated competency for each skill I initialed above.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**NAR Attestation:** All information on this form is true and correct to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_