

Crystal Point CNA Training

Day 1-Monday	Day 2-Tuesday	Day 3-Wednesday	Day 4-Thursday	
<u>Orientation</u>	<u>Quiz 1</u> <u>(on Modules 1, 2, 3)</u>	<u>Quiz 2</u> <u>(on Modules 4, 5, 7)</u>	<u>Quiz 3</u> <u>(on Modules 10, 9, 6, 8)</u>	
MODULES (3) <i>See Robertson and Price</i> 1. Being a Nursing Assistant 2. Resident Rights 3. Interpersonal Skills	MODULES (3) <i>See Robertson and Price</i> 4. Body Mechanics 5. Infection Control 7. Basic Care	MODULES (4) <i>See Robertson and Price</i> 10. Following Safety and Emergency Care Procedures 9. Vital Signs 6. Weights & Measure 8. Following Care Procedures	MODULES (3) <i>See Robertson and Price</i> 11. Nutrition 13. Restorative Care 14. Managing Info	
SKILLS (2) <i>See Candidate Handbook</i> 1. Hand Hygiene (Hand Washing) 8. Donning and Removing PPE (Gown and Gloves) PRACTICE SKILLS	SKILLS (5) <i>See Candidate Handbook</i> 3. Assists to Ambulate Using Transfer Belt 22. Transfers from Bed to Wheelchair Using Transfer Belt 17. Positions on Side 9. Dresses Client with Affected (Weak) Right Arm 19. Provides Foot Care PRACTICE SKILLS	SKILLS (6) <i>See Candidate Handbook</i> 6. Counts and Records Radial Pulse 7. Counts and Records Respirations 12. Measures and Records Blood Pressure 14. Measures and Records Weight of Ambulatory Client 18. Provides Catheter Care for Female 13. Measures and Records Urinary Output PRACTICE SKILLS	SKILLS (5) <i>See Candidate Handbook</i> 20. Provides Mouth Care 5. Cleans Upper/Lower Denture 10. Feeds Client Who Cannot Feed Self 4. Assists with Use of Bedpan 21. Provides Perineal Care (Peri- Care) for Female PRACTICE SKILLS	
CPR, CLINICAL INFO, HOMEWORK, FLASH CARDS, VOCABULARY, BEST TEST PRACTICES			INFORMATION ON CPR TRAINING	

Crystal Point CNA Training

Day 5-Monday	Day 6-Tuesday	Day 7-Wednesday	Day 8-Thursday	
<u>Quiz 4</u> <i>(on Modules 11, 13, 14)</i>	<u>Quiz 5</u> <i>(on Modules 12, 16, 15)</i>	<u>FINAL WRITTEN EXAM ON MODULES</u>	<u>VIDEOS AND TEST ON HIV/AIDS</u>	
MODULES (3) <i>See Robertson and Price</i> 12. Long Term Care 16. Home Care 15. Death & Dying	<i>REVIEW FOR FINAL WRITTEN EXAM ON ALL MODULES</i>	<u>INFORMATION FOR EXAM DAY</u>	GO OVER WASHINGTON STATE CANDIDATE HANDBOOK QUIZ TOGETHER	
SKILLS (4) <i>See Candidate Handbook</i> 11. Modified Bed Bath (Face and Arm, Hand and Underarm) 15. Performs Modified Passive Range of Motion (PROM) Knee & Ankle 16. PROM for Shoulder 2. Applies Knee-High Elastic Stocking PRACTICE SKILLS	<i>GO OVER WASHINGTON STATE CANDIDATE HANDBOOK QUIZ TOGETHER</i> <i>FINISH ANY REMAINING SKILLS</i>	MOCK TESTING OF SKILLS	<i>Orientation for clinical assignments</i>	